



# COVID-19 RECOMMENDATIONS

## HAWAII DEPARTMENT OF HEALTH

### WHAT TO ADVISE PATIENTS WHO ARE TESTED FOR COVID-19

To avoid the spread of illness to others, please advise patients of the following (patient handout: “What To Do If You Have Been Tested For COVID-19” available at: <https://health.hawaii.gov/coronavirusdisease2019/files/2021/08/What-To-Do-If-You-Have-Been-Tested-For-COVID-19.pdf>)

- 1) Patients should remain at home except to get medical care
- 2) Advise patients:
  - a. How they will be notified of their COVID-19 laboratory test results
    - i. As the clinician who ordered the COVID-19 test, you are responsible for advising your patient regarding the COVID-19 test result
    - ii. Do NOT advise patients to call the Hawaii Department of Health (HDOH) for their results
  - b. To stay at home until they receive their COVID-19 test results—advise patients, even if their COVID-19 results are negative, they should remain at home for the duration of their illness to avoid infecting others
  - c. To avoid any kind of public transportation, ridesharing, or taxis
  - d. To separate themselves from other people in their home
    - i. Stay in a specific “sick room” if possible
    - ii. Use a separate bathroom if available
    - iii. If they need to be around other people in or outside of the home, wear a facemask
    - iv. Arrange for someone to prepare and provide meals for them
    - v. Avoid sharing personal items with other people in their household (e.g., dishes, towels, bedding)
    - vi. Clean all surfaces that are touched often (e.g., counters, doorknobs). Use household cleaning sprays or wipes according to the label instructions
  - e. To avoid direct contact with pets, including petting, snuggling, being kissed or licked, sleeping in the same location, and sharing food.
  - f. To have all household contacts remain at home until test results return
  - g. To get rest and stay hydrated
  - h. To monitor their symptoms carefully. Notify you immediately if their symptoms get worse
  - i. For medical emergencies, call 911 and notify the dispatch personnel that they may have COVID-19
  - j. To cover their coughs and sneezes
  - k. To wash their hands often with soap and water for at least 20 seconds or clean their hands with an alcohol-based hand sanitizer that contains at least 60% alcohol